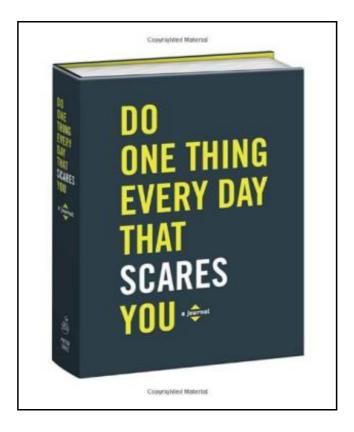
# Do One Thing Every Day That Scares You



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(Harold Spencer)

## DO ONE THING EVERY DAY THAT SCARES YOU



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