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How to Get Pregnant (Revised and updated ed)

By Harriet Griffey

Bloomsbury Publishing PLC. Paperback. Book Condition: new. BRAND NEW, How to Get Pregnant (Revised and updated ed), Harriet Griffey, How to Get Pregnant is the essential guide to helping you achieve a happy, healthy pregnancy, telling you all you need to know about fertility and conception in one volume. The average couple takes around six months to conceive, and as many as a quarter of all couples take up to one year - after this time around one in six couples will continue to have problems and may need to seek help. This book provides vital, easily accessible information for couples at all stages, including updates on the latest developments, from ICSI to alternative therapies, nutritional advice, and all the most useful website and contact addresses. * Simple ways to enhance your natural fertility * Causes of infertility and the treatments available * When to seek medical advice * How to make the most of medical solutions Invaluable advice on emotional well-being for partners, and their friends and families.



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Reviews

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