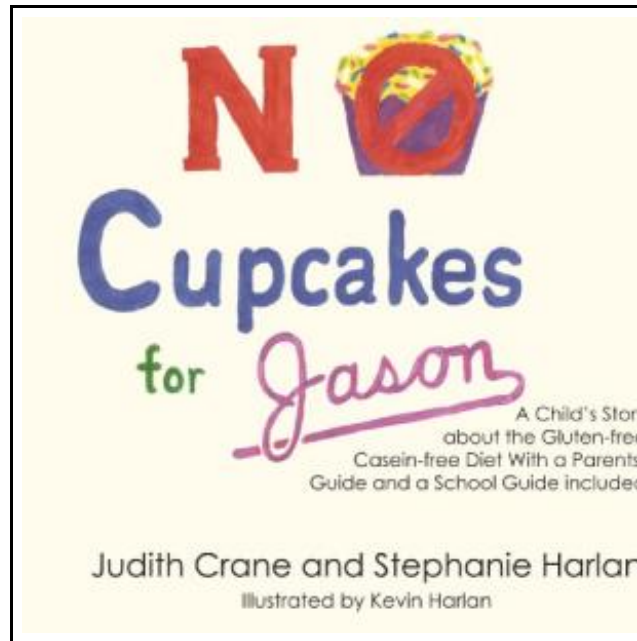


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AUTHORHOUSE, United States, 2005. Paperback. Book Condition: New. 223 x 213 mm. Language: English . Brand New Book ***** Print on Demand *****.No Cupcakes for Jason is the delightful children s story of five-year old Jason, who loves life, loves playing, and loves the idea of starting Kindergarten. But Jason must follow a strict gluten-free, casein-free diet, which is no small feat for such a little boy. The story tells of how he cannot tolerate the treats that other kids can have, such as pizza, ice cream, and cupcakes, and how this often makes him feel very sad. But Jason finds that there are alternatives to these foods, and that he can have safe pizza, safe cupcakes and cookies, and continue to feel well and stay healthy. A Parents Guide and School Guide are also included with this book. The Parents Guide goes into much more detail about why Jason is on this strict gluten-free, casein-free diet. It also explains how parents of children with food sensitivities can cope with the many dietary restrictions. The School Guide highlights many of the problems of following a GFCF diet within the confines of a school. Gluten is also found in many non-food products, such as glue, paints and stickers. The guide offers practical suggestions for school personnel to help keep children who are on special diets healthy and safe.



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