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The Spiralizer Recipe Cookbook: Over 30 Recipes for Your Spiralizer Spiral Slicer - Zucchini Noodles, Paleo and Wheat Free Recipes and Much More (Paperback)

By Katey Goodrich

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Paderno Spiralizer At last a cookbook loaded with over 30

spiralizer recipes that you can make with your Paderno

Spiralizer or regular vegetable spiral slicer. My name is Katey

Goodrich and I wrote the spiralizer cookbook because like you I

purchased the best kitchen tool ever, the Paderno Spiralizer

but couldn't find a cookbook with recipes for it. Having already

published 55 Superfoods on Kindle I decided to stop

complaining and write one that I could share with you and

others, and here it is. This is only the first in a series that will

cover many diets and cooking topics that the spiralizer is

perfect for. And yes! It has plenty of zucchini noodle recipes as

well. I have included helpful tips and advice on cleaning,

maintaining and using the spiralizer as well as over 30 starter

recipes to get you going. The recipes are good for hand held

spiral cutters as well. Included...



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