



## Low Carb High Fat Recipes for the 1.5 - 2 Quarts Slow Cooker Top 30 Healthy and Delicious Crockpot Recipes for Weight Watchers and for Those Who Just Love Healthy Eating: (High Protein,

By Sofia Smith

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Low Carb High Fat Recipes for the 1.5 - 2 Quarts Slow Cooker Top 30 Healthy and Delicious Crockpot Recipes for Weight Watchers and For Those Who Just Love Healthy Eating You look for recipes for your slow cooker and unfortunately, the recipes you find are way too large for your single serve slow cooker that is only 1.5 to 2 Quarts? To make matters worse, you might be on dietary restrictions that call for you to eat only low carbohydrate, high-fat foods? You try to figure out how you can cut down the recipe for your smaller, portion friendly slow cooker and what recipes suit your diet better? So in this book you will find 32 low-carbohydrate, high-fat recipes that will satisfy your cravings as well as reduce your amount of leftovers with your small Electric slow cooker! Get out your 1.5-2 quart slow cooker and enjoy a home-cooked, healthy meal that follows your diet requirements. Download your E book Low Carb High Fat Recipes for the 1.5 - 2 Quarts Slow Cooker. Top 30 Healthy and...



**READ ONLINE**  
[ 4.77 MB ]

### Reviews

*A whole new electronic book with a new point of view. It can be full of knowledge and wisdom Its been written in an exceedingly simple way which is only following i finished reading through this pdf in which really modified me, modify the way in my opinion.*

-- **Arianna Nikolaus**

*This ebook is wonderful. I have got go through and so i am certain that i am going to likely to read through once again again later on. You will like the way the article writer compose this ebook.*

-- **Miss Ariane Mraz**